

HMD

HEARTS IN MOTION DANCE ♥

A season inspired by growth



Classes begin September 14

Welcome to Season 17 of dance class, where we celebrate the beauty of movement, growth and creativity! Just like nature's ever-changing landscapes, this season invites you to blossom and flourish in your dance journey. Whether you're a seasoned performer or new to the dance floor, you'll have the chance to explore fresh styles, challenge your limits, and grow alongside a vibrant community of passionate dancers. Our talented instructors are here to guide you through each class, nurturing your skills and helping you unveil your unique artistic expression. So, let the rhythm of the seasons inspire you—put on your dance shoes and step into a world of creativity and transformation. Here's to a season of growth, discovery, and endless possibilities at Hearts in Motion!



WELCOME TO SEASON 17!

What Is More Than Just Great Dancing® (MTJGD)?

- ★ MTJGD is a licensed affiliation of dance studios that subscribe to a higher standard of dance instruction and management principles.
- ★ As part of a dynamic network of nearly 300 dance studios, and 100,000 students worldwide, MTJGD transforms staff development and provides leadership training, quality programs and curricula to its affiliate studios.
- ★ But, MTJGD is a commitment to providing **MORE** than excellent dance instruction. MTJGD dancers go beyond technique to develop important life skills, learning to be respectful, confident and conscientious young people who share their gifts and talents with the community.
- ★ MTJGD studios are diverse in their specialties, but **united in their belief in the power of dance to change lives!**

**We are proud to be a
More Than Just Great Dancing®
affiliated studio!**



HMD
HEARTS IN MOTION DANCE

PRESCHOOL PROGRAM

These building block classes for ages 2-5 will create a strong foundation in dance as well as an imaginative journey through their own creativity! Must be age as of September 15 (no exceptions).

TUITION

Ages 2-3 - \$50

Ages 3-5 - \$56

RECITAL

Pre-K dancers will be in recital 3. Please keep this in mind when thinking ahead to siblings and tickets for shows as you will need tickets for all shows you attend.



REGISTER

AGES 2-3

Twirlin' Tots is for those dancers who are ready for an independent class while Magical Movers is for those who might still need mom, dad or another adult to take class with them.

Tuesday

Magical Movers 9:30-10:10

Twirlin' Tots 3:40-4:15

Wednesday

Twirlin' Tots 9:45-10:20

Magical Movers 10:30-11:00

Thursday

Twirlin' Tots 9:30-10:10

AGES 3-5

These multi-age classes allow dancers to explore rhythm, musicality, creativity and more! Little Starz is a jazz and tap combo class, Hip Hop Flip Flop is an introductory hip hop and tumbling class and Sparklers is a pom and tumble class!

Tuesday

Hip-Hop Flip Flop 9:30-10:10

Wednesday

Sparklers 10:30-11:10

Little Starz 4:30-5:10

Hip Hop Flip Flop 5:15-5:55

Thursday

Little Starz 9:30-10:10

Sparklers 10:15-10:55

AGES 3-4

Fairytale Ballet

A magical introduction to ballet for pre-schoolers. We will explore ballet technique and dance concepts.

Monday 4:20-5:00

Tuesday 5:00-5:40

Wednesday 9:45-10:25

Thursday 4:25-5:05

AGES 4-5

Petite Ballet

The next step in the building blocks of dance! Ideal for dancers in young 5's or their last year of Pre-K.

Monday 5:05-5:45

Tuesday 4:15-4:55

Thursday 5:10-5:50

DRESS CODE

- Ballet - leotard, tights, pink ballet slippers without laces, skirts and tutus welcome!
- Little Starz - leotard or biketard, bare feet or grippy socks for the first 6 weeks of class then we will incorporate tap shoes.
- Hip Hop Flip Flop - leotard, biketard or athletic wear, black sneakers that are not worn outdoors.
- Sparklers - leotard or biketard, tan jazz shoes

Hair should be pulled away from face for all classes!

KINDERGARTEN DANCE PROGRAM

Kindergarten

For dancers ages 5-6 who are attending Kindergarten this year.

MONDAY

Kinderstars 5:50-6:45

TUESDAY

Kinderfunk 4:15-4:55

WEDNESDAY

KinderPoms 4:30-5:10

Kinderballet 5:15-5:55

THURSDAY

Kindercombo 5:55-6:50

Kinderballet - an introductory ballet course

Kinderfunk - an introductory hip hop course

Kinderstars - a jazz/tap combo course

Kindercombo - a combination class that consists of 40 minutes of ballet and 20 minutes of tumbling

RECITALS

Kindergarten dancers will be assigned to Spring recital 3

DRESS CODE

Kinderballet - leotard, tights, pink ballet slippers without laces, skirts and tutus welcome!

Kinderfunk - leotard, biketard or athletic wear, black sneakers that are not worn outdoors.

Kinderstars - leotard, tights, dance shorts or dance skirt welcome, tan jazz shoes, black tap shoes.

KinderPOMS - leotard, tights, tan jazz shoes, dance shorts or dance skirt welcome.

Kindercombo - leotard, convertible tights, ballet shoes without laces, skirt or tutu welcome (tumbling in bare feet only)

Hair should be pulled away from face for all classes!

Check out KinderPOMS!

KinderPOMS is an exciting class for dancers who love performing! This class is based in Poms and jazz technique. Dancers will participate in 2-3 community based performances as well as recital in the poms style. This class will learn multiple routines throughout the year.

TUITION

Tap - \$50

Kinderfunk, Kinderballet- \$56

Kinderstars, Kindercombo - \$68

KinderPoms - \$83

REGISTER



LEVEL ONE: AGES 6-8 (1ST - 3RD GRADE)

Recital 1

Sparkle Squad

If your dancer is interested in more performance opportunities and competitive dance, check out our Sparkle Squad program. This program is a fusion of competitive dance and community performance team. Interested in auditioning? E-mail us at heartsinmotiondp@gmail.com to see if your dancer is eligible!

Petite Team

Our petite team is our competition team program for dancers in grades 2-3. Dancers must have completed a level 1 or equivalent class to be eligible for these competition team. Email us for more information!

Poms Team

If your dancer is interested in performing more with a limited commitment, check out our poms program! This program is based in community performances. Check out page 9 for more info!

MONDAY

Hip-Hop/Acro 1 4:15-5:10
Tap 1 5:15-5:45

TUESDAY

Ballet/Lyrical 1 5:45-6:25
Hip-Hop 1 6:30-7:10

WEDNESDAY

Ballet/Jazz 1 6:00-7:00
Acro 1 7:05-7:35

THURSDAY

Ballet 1 4:20-5:00
Poms 1 5:05-5:50

DRESS CODE

Ballet (or Ballet/lyrical) - leotard, pink tights, pink ballet shoes without laces, dance skirt welcome

Hip-Hop - Athletic wear or leotard with shorts, leggings or sweatpants. No jeans or dresses. BLACK sneakers.

Poms - leotard, tights, tan jazz shoes, dance shorts or dance skirt welcome.

Ballet/Jazz - leotard, tights, shorts or skirt welcome, pink ballet shoes and tan jazz shoes

Acro 1 - biketard or leotard, shorts welcome, bare feet (footless or convertible tights are welcome)

Hair should be completely pulled away from face for all classes.

Tuition

30 minute class - \$50
40 minute class - \$60
Hour long class - \$75
Poms - \$83

REGISTER



LEVEL TWO: AGES 8-10 (3RD-4TH GRADE)

MONDAY

*Ballet 2 4:30-5:30 (Participates in our ballet production, Hero)
*Jazz 5:30-6:05 (Technique only, no recital)
Poms 2 6:50-7:35
Ballet 2 7:40-8:30

TUESDAY

7:10-7:50 Contemporary 2

WEDNESDAY

Hip Hop 6:00-6:40
Ballet 2 6:45-7:45
Acro 7:50-8:20

THURSDAY

Jazz 2 6:55-7:35
Ballet/lyrical 2 7:35-8:15

TUITION

40 minute class - \$60
Hour long class - \$75

RECITAL

Dancers in level 2 will be in Recital 1

*Denotes permission only classes.,

DRESS CODE

Ballet & Ballet/Lyrical - solid color leotard, pink tights, pink ballet shoes, dance skirt welcome (hair in bun)

Hip-Hop - Athletic wear or leotard with shorts, leggings or sweatpants. No jeans or dresses. BLACK sneakers.

Jazz/Poms - solid leotard, tights, tan jazz shoes, dance shorts or dance skirt welcome.

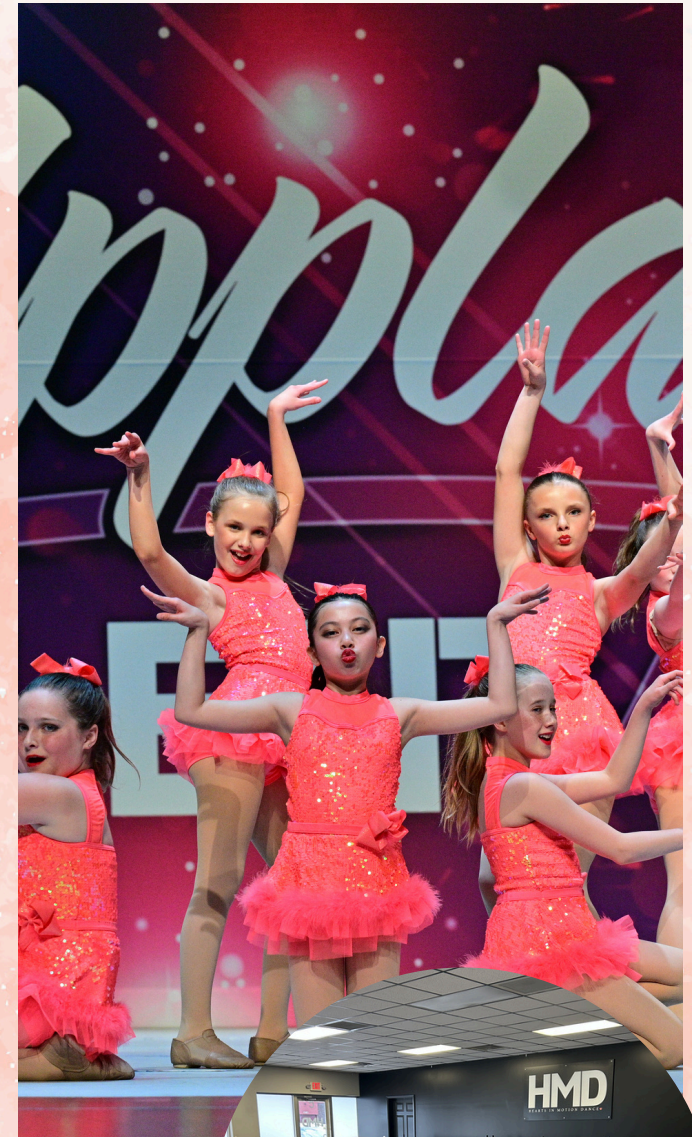
Tap - leotard, tights, shorts or skirt welcome, black leather lace up or pull on tap shoes. No shiny material.

Acro - biketard, leotard or fitted athletic wear and bare feet.

Hair must be completely pulled back for all classes.

POM SQUAD

Does your dancer love performing and their time on stage? If so, Pom Squad may be the perfect program! This group performs throughout the community and at one dance competition at the end of the season. Check out page 9 for more information!



LEVEL 3 (5th & 6th) & Level 4 (7th and up)

These classes are for our middle and high school students. In general, level 3 is meant for ages 10-12 in grades 5-6 and level 4 is meant for dancers 7th grade and up. This is just a general guideline and once dancers reach these ages, placement is often based on leveling. This guide helps to split out classes more by leveling in addition to age. Additionally, we do offer more beginner friendly classes for Middle and High School students as well as some advanced classes that may not be listed. !

MONDAY

Level 3

Poms Team 6:45-7:35
Ballet 7:40-8:30

Level 4

Jazz 5:45-6:30
Ballet 6:30-7:30 (Participates in our ballet production, Hero)

TUESDAY

Level 3/4

Ages 11 & up (prior experience required)
Hip-Hop 7:00-7:40
Contemporary 7:45-8:30

WEDNESDAY

Level 4

(Beginner friendly)
Ballet/Contemporary 7:00-7:50
Hip-Hop 7:50-8:30

Interested in classes that aren't on the list? We have many classes in this level that are permission only. Please reach out to us for more information!

THURSDAY

Level 3

Ballet 5:50-6:50 (permission only)
Hip-Hop 6:50-7:30
Contemporary 7:30-8:10

ADULT CLASSES

Beg Adult Tap Monday 7:45-8:30
Adv Adult Tap Tuesday 8:00-8:40
Beg/Int Adult Jazz Wed 7:45-8:30

*Drop-in adult fitness classes coming this season!

Tuition

45 minute class - \$60
1 Hour class - \$75

Level 3 & 4 will be our recital 4.

Teen Tap Meets Saturday 9:00-9:30
\$15/month

REGISTER



Adv Classes

Advanced teen classes meet Tuesday and Thursdays - [email for info](#)

Pom Squad

WHAT: Pom Squad is a class offered each school year. Pom is a style that is based in jazz. Dancers will learn jazz technique along with the drill team style of poms. This is a more dance focused style than what you would see in cheerleading but similar to what you may have seen at a professional sporting event! This class meets weekly throughout the season and offers several community based performances throughout the season for dancers.

WHO: Dancers grades Kindergarten-7th. This group is great for dancers who are looking to perform more but may not be interested in dance team yet.

LEVELING: We offer 4 levels of poms at the studio. Our intro level is Kindergarten dancers. Level 1 is for dancers ages 6-8 (grades 1-2), level 2 would be ideal for dancers ages 8-10 (grades 3-4), and level 3 is ideal for dancers 11 & up (grades 5-8). These levels are recommendations and may be individual based on dancer history in class.

PRICE/FEES: Dancers should plan for the following fees associated with this class:

- Monthly Tuition for the one class (\$83)
- Performance Team Membership Fee (\$75)
- Uniform Fee - uniform may change from year to year so dancers will need to purchase if that changes.
- Poms Fee (required for new dancers who don't already have poms) - \$35
- Recital Costume Fee - \$95
- Competition entry fee - \$70ish depending on prices set by the competition company.

PERFORMANCES: Wondering what kind of performances you can expect? Throughout the year, we like to vary our performances. You can expect to see things like community festivals, parades, sporting events, recital and more!

PLEASE NOTE: This class is a full school year commitment and dancers are expected to attend all performances. Parents will need to sign a contract to commit to the entire season of dance.



MEMBERSHIP

All students must be a member of Hearts in Motion to enroll in class. Membership is \$45/student and can automatically be renewed every season. Membership fee includes a season shirt.

DRESS CODE

Dress code for each class can be found on the specific class's pages and on our website. Dancers should never wear stiff pants for class and hair must always be completely pulled out of your dancer's face.

BALLET SHOES

We ask that all young dancers purchase ballet shoes without ties, such as Capezio Hanami or Revolution brand.

POINTE

Do you have a dancer who is interested in pursuing pointe in the future? At our studio, we have a very specific series of steps that dancers must take. Dancers must take anywhere from 1-3 years of pre-pointe and be enrolled in 2 ballet classes for several years as well. Dancers may enroll in pre-pointe starting at age 10 (as long as they are also enrolled in 2 ballet classes) and will not be considered for pointe until at least age 12.5 after being evaluated by a physical therapist. Interested in more info? [Email us!](#)

CLASSES

- Teacher assignments will be announced before classes begin.
- HMD reserves the right to reschedule, combine or provide substitutions for classes where necessary.
- Dance classes are non-refundable and school year courses are a full year commitment (September-end of May). Should you choose to withdraw, we require 1 full month's written notice before payments can be canceled.

PERFORMANCES

- We finish our season for school year students with a Spring recital. Spring Recitals are May 20 & 21 at GR Christian (recital assignments TBA)
- Tickets will be a required purchase for all attendees. Tickets will range from \$12-\$20.
- Costume fees are \$95/costume, which includes tights where applicable. Costume payments are split into 2 equal payments due Nov. 1 and Jan 1.

WINTER SHOWCASE

Pre-school and Kindergarten dancers will participate in our Winter recital. All participants will have a \$30 fee on October 1 that covers a special holiday tutu or top.

2026-2027

CALENDAR

Below are important dates for the upcoming season. These dates are subject to change but should be fairly set at this point.

- September 14 First Day of dance
- October - potential Fall Break - TBA
- Nov 23-29 Thanksgiving Break
- December - Winter Recital DATE TBA
- Dec 20 - Jan 3 Christmas Break
- Jan 4 Classes resume
- Feb dates TBA Mid Winter Break
- April 2-11 Spring Break
- May dress rehearsal (19-20)
- May Spring Recital (May 21/22)

PAYMENT

All students enrolled at Hearts in Motion must also enroll in autopay. All accounts will be billed by the 23rd of each month and autopay will run on the 1st of the month. With your autopay, you will have two options. You may place a credit card on file or you may set up ACH directly linked to your bank account.

As a reminder, tuition is one amount broken up into 9 even monthly payments regardless of the number of weeks in a month.

HMD PRESENTS:

HERO

*Kick off the holiday season with a festive show and our
annual ballet production!*

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Annual Spring Recital

May 21 & 22, 2027

DeVos Center for Arts and Worship



*We can't wait to dance
with you this season!*

✂
\$5 off your first
private lesson
email to redeem
✂

✂
10% off your entire
purchase at the HMD
Boutique of Ada
✂

Hearts in Motion
4336 Plainfield Ave NE
Grand Rapids, MI 49525
Heartsimotiondp@gmail.com
616.226.6412

Register now

*Interact with us on
Social Media!*

